

Bradley J. Abrams, D. O.

DERMATOLOGY AND DERMATOLOGIC SURGERY
BOARD CERTIFIED



IPL™ Photorejuvenation - Post-treatment information

After each treatment:

1. There is a slight possibility of developing a crust or blister within a treatment area. On the rare occasion that it does occur, it will be superficial, does not result in any scarring, and should be treated like sunburn or any other blister.
2. The treated areas are likely to heal without any pigment changes. However, there is always a chance that hyperpigmentation (darker) or hypopigmentation (lighter) areas may occur. This discoloration is temporary and will fade within one to six months. Sun exposure must be avoided three to four weeks prior to treatment and after, as exposure to the sun may intensify hyperpigmentation. It is rare that these changes are permanent.
3. Scarring is also very rare and it is important to follow all post-treatment instructions carefully as we cannot speculate on the results if you don't.
4. Swelling may occur immediately after treatment, especially if the face has been treated. This is temporary and not harmful. Cold packs or a hydrocortisone preparation may reduce the swelling.
5. Bruising may or may not occur. If bruising occurs, it will normally clear up within 3 to 10 days.

Post Treatment Care

1. Avoid hot showers and baths for 24 hours after the treatment. Cool or warm showers or baths are okay.
2. Avoid exercise or activity that causes heavy perspiration for 24 hours after the treatment as the skin needs time to cool down and recover.
3. If the skin is broken or a blister appears, apply an antibiotic ointment such as Bacitracin. The area should be kept lubricated to prevent crusting or scabbing of the tissue.
4. Cold packs, Aloe Vera, or any other cooling preparation may be used to ease temporary discomfort.
5. Prolonged sun exposure should be avoided during treatment. A total sun block should be applied if you must be in the sun for any length of time.
6. Makeup can be applied to treated areas as long as the skin is not broken.

IPL™ Photorejuvenation is a safe and highly effective procedure. Please remember that it may take up to 5 or 6 treatments to achieve the intended results. Rejuvenation is a gradual, natural process that restores your skin's youthful glow. While some patients see changes within weeks, you may not notice any changes until your second or third treatment.

Please do not hesitate to ask any questions regarding this procedure. Call the office immediately if you have any concerns or complications related to this treatment (941) 926-2300.