

Bradley J. Abrams, D. O.

DERMATOLOGY AND DERMATOLOGIC SURGERY
BOARD CERTIFIED



MOHS SURGERY PRE-OP INSTRUCTIONS

These instructions are to be followed before and after your surgery. Please call us if you have any questions or need further clarification.

A. Aspirin Related Drugs (Stop taking 10-14 Days prior to your surgery)

For a two-week period prior to and after the scheduled date of your surgery, please do not take any medication that contains aspirin or aspirin-related products, such as ibuprofen (Motrin, Advil) as an ingredient. Aspirin has an effect on your blood's ability to clot and could increase your tendency to bleed at the time of surgery and during the post-operative period.

Check the labels of all medications that you take, even those without a prescription, to make sure that you are not taking any aspirin or aspirin-like substances. Please consult your physician before stopping any prescribed medication. If you are taking any antirheumatoid, antiarthritic, circulation, or anticoagulant medication (e.g., Motrin, Naprosyn, Persantine, or Coumadin), please inform us.

If you need minor pain medication, please take acetaminophen (Tylenol) or another nonaspirin medication. Tylenol or Anacin-3 are available at your local pharmacy without a prescription and have comparable pain relief potential to that of aspirin. If you are allergic to acetaminophen, (Tylenol) or unable to take it for other reasons, please notify us so that we might arrange a suitable substitute.

The following is a list of the more common medications and substances that can increase your tendency to bleed. These should be avoided for two weeks prior to and after your surgery.

4-Way Cold Tablets	Cheracol	Ibuprohm	Pepto-Bismol
Adprin-B	Children's Aspirin	Indochron ER	Percodan and Percodan-Demi
A.S.A.	Children's Advil	Indocin Capsules/Suppositories	Phenaphen
	Children's Motrin	Indocin-SR	Piroxicam
Aches-n-Pain	Clinoril	Indomethacin	Ponstel
Advil	Cope	Isolly1	Presalin
Alcohol	Coricidin	Ketrolac	Relafen
Aleve Tablets	Coumadin	Ketroprofen	Robaxisal
Alka-Seltzer Products	Darvon Compound Pulvules	Lanorinal	Rufen
Amigesic	Darvon Compound -65	Lodine	SAC
Anaprox and Anaprox DS Tablets	Darvon with A.S.A.	Lodine XL	Saletto
Anodynos	Darvon-N with A.S.A.	Lortab	Saletto

Ansaid	Dasin	Magan	Salflex
APC	Daypro	Magnaprin Arthritis	Salocol
Argesic	DiFlunisal	Magsal	Salsalate
Artha-G	Disalcid	Marnal	Salsitabs
Arthralgen	Doan's Pills	Marthritic	Sine-Aid
Arthritis Bayer	Dolobid	Maximum Bayer Aspirin	Sine-Off
Arthritis Pain Formula	Dristan	Measurin	SK-65 Compound
Arthritis Strength Bufferin	Duoprin-S Syrup	Meclofenamate	Soma
Arthropan Liquid	Duradyne	Medipren	Soma CMD
Arthrotec	Easprin	Menadol	St. Joseph Aspirin or Cold
Ascodeen	Ecotrin	Meprogesic	Sulindac
Ascriptin, all products	Emagrin	Micrainin	Supac
Asperbuf	Empirin	Midol	Synalgos
Aspergum	Empirazil	Mobidin	Synalgos-DC
Aspirin	Endodan	Mobigesic	Talwin Compound
Asprimox	Epromate	Momentum	Tolectin 200 and 600
Axdone	Equagesic	Motrin	Tolectin DS
Axotal	Equazine M	Nalfon	Tolmetin
Bayer – All products	Etodolac	Naprosyn	Toradol
BC Tablets and powder	Excedrin Products	Naproxen	Trendar
Brufen	Feldene	Neocylate	Tricosal
Buf-tabs	Fenoprofen	Norgesic	Tri-Pain
Buff-A Comp No 3 Tablets with Codeine	Fiorgen PF	Norgesic Forte	Trigesic
Buff-A Comp	Fiornal	Norwich	Trillisate
Buffaprin	Fluriprofen	Nuprin	Vanquish
Bufferin, All products	Gelpirin	Orphengesic	Verin
Buffets II	Gensan	Orudis	Voltaren
Buffex	Goody's Headache Powder	Oruvail	Zactin
Buffinol	Halfprin	Pabalate	Zorprin
Cama Arthritis Pain Reliever	Haltran	Pabalate-SF	
CataFlam	Ibu-Tab	PAC	
Cephalgesic	Ibuprin	Pamprin-IB	

B. Antibiotics (Start taking the day before your surgery)

Please take the prescribed antibiotic twice a day (one in the morning and one in the afternoon), the day before surgery, the day of surgery, and the day after surgery. The prescription provided to you in advance of your surgery from our office. You will take a total of 6 pills.

C. Wound Care (Have these items on hand prior to your surgery for your post-op care)

1. Telfa pads (Non-adherent pads)
2. Cotton gauze (100% Cotton)
3. Paper tape (Hypoallergenic)
4. Band-aids
5. Antibiotic ointment (Bacitracin or Polysporin)

Refer to your specific wound care instructions for more information post-surgery.

D. Surgery Day

1. Eat a light breakfast if you are scheduled before 12:00 noon. You may have decaffeinated coffee, juice and toast.
2. Take your regularly prescribed non-aspirin medications. Please bring a list of your medications with you on your surgery day. Advise the nurse or doctor of any over-the-counter medications that you are taking.
3. We recommend a shower the evening or morning before surgery and freshly laundered clothes to help reduce the risk of you getting an infection. If your surgery involves your trunk, wear a shirt or blouse that buttons up the front for ease of removal.
4. Do not apply makeup, cream, lotion, aftershave, etc. to the affected area.
5. Bring a container for contact lenses or dentures if applicable and the surgical site may affect those areas.
6. Bring some reading material or something to keep you occupied as you may be in our office for a period of 4 hours or more.
7. We have a special waiting room with a television, microwave, refrigerator, and some snacks. However, you may wish to bring a lunch if you need more substantial food while you are here.
8. Please call our office if you get sick within 24 hours of your surgery.
9. Please notify us if you are allergic to any medications or have latex sensitivities.
10. On the day of the surgery you should be accompanied by a family member or friend. Medicated patients will not be allowed to drive themselves home and all patients must be escorted when leaving this office after surgery. If we need to call for your ride after the procedure, bring the name and phone numbers required with you and give that information to the receptionist.

Please don't hesitate to call our office with any questions or concerns 926-2300.